

British Naturism

Safeguarding Adults Policy

BRITISH NATURISM

Including England, Wales, Scotland and Northern Ireland

Please see also the Child Safeguarding Policy

Statement by the Executive Committee

Naturism is a way of life that characterised by the practice of communal nudity with the intention of encouraging self-respect and respect for others. That means that Naturists are people of any age, shape, race, colour or background, who do what everyone else does without clothes. British Naturism takes the responsibility of safeguarding adults who may be at risk of abuse, exploitation and neglect within the Naturist environment extremely seriously. This policy gives guidance and procedures for staff, volunteers and members who will help to keep those within British Naturism safe and enjoying the experience that is Naturism.

British Naturism expects everyone involved with British Naturism to know Safeguarding is the responsibility of everyone, not just organisers and officials but all who participate in our events and swims. We recommend this policy to all Clubs, Events and organisers of Naturist events in the knowledge that the policy will help to keep their activities safe for all to enjoy.

Executive Committee

September 2022

Policy Owner: British Naturism

Policy approved by: British Naturism Executive Committee

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Review of Policy: This policy is a living document. A full review will be conducted by 2025.

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Section 1: Safeguarding Adults Policy

Introduction

British Naturism is committed to Safeguarding Adults in line with national legislation and relevant national and local guidelines.

We will safeguard adults by ensuring that our activities are delivered in a way which keeps all adults safe.

British Naturism is committed to creating a culture of zero-tolerance of harm to adults which necessitates: the recognition of adults who may be at risk and the circumstances which may increase risk; knowing how adult abuse, exploitation or neglect manifests itself; and being willing to report safeguarding concerns.

This extends to recognising and reporting harm experienced anywhere, including within our activities, within other organised community or voluntary activities, in the community, in the person's own home and in any care setting.

British Naturism is committed to best safeguarding practice and to uphold the rights of all adults to live a life free from harm from abuse, exploitation and neglect.

Policy Statement

In adopting this policy British Naturism shows that we as an organisation have the following values:

BN believes everyone has the right to live free from abuse or neglect regardless of age, ability or disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status.

BN is committed to creating and maintaining a safe and positive environment and an open, listening culture where people feel able to share concerns without fear of retribution.

BN acknowledges that safeguarding is everybody's responsibility and is committed to prevent abuse and neglect through safeguarding the welfare of all adults involved.

BN recognises that health, well-being, ability, disability and need for care and support can affect a person's resilience. We recognise that some people experience barriers, for example, to communication in raising concerns or seeking help. We recognise that these factors can vary at different points in people's lives.

BN recognises that there is a legal framework within which organisations need to work to safeguard adults who have needs for care and support and for protecting those who are unable to take action to protect themselves and will act in accordance with the relevant safeguarding adult legislation and with local statutory safeguarding procedures.

Actions taken by BN will be consistent with the principles of adult safeguarding ensuring that any action taken is prompt, proportionate and that it includes and respects the voice of the adult concerned.

Purpose

The purpose of this policy is to demonstrate the commitment of British Naturism to safeguarding adults and to ensure that everyone involved is aware of:

- The legislation, policy and procedures for safeguarding adults.
- Their role and responsibility for safeguarding adults.
- What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult within the organisation.

Scope

This safeguarding adult policy and associated procedures apply to all individuals involved in British Naturism including Executive Committee members, staff, contractors, volunteers and members and to all concerns about the safety of adults whilst taking part in our organisation, its activities and in the wider community.

We expect our partner organisations and suppliers to adopt and demonstrate their commitment to the principles and practice as set out in this Safeguarding Adults Policy and associated procedures. Member Clubs are responsible for developing and implementing their own policies and procedures in line with this policy and recommended good practice.

Commitments

In order to implement this policy British Naturism will ensure that:

- Everyone involved with British Naturism is aware of the safeguarding adult procedures and knows what to do and who to contact if they have a concern relating to the welfare or wellbeing of an adult.
- Any concern that an adult is not safe is taken seriously, responded to promptly, and followed up in line with British Naturism Safeguarding Adults Policy and Procedures.
- The well-being of those at risk of harm will be put first and the adult actively supported to communicate their views and the outcomes they want to achieve.
- Those views and wishes will be respected and supported unless there are overriding reasons not to (see the Safeguarding Adults Procedures).
- Any actions taken will respect the rights and dignity of all those involved and be proportionate to the risk of harm.
- Confidential, detailed and accurate records of all safeguarding concerns are maintained and securely stored in line with our Data Protection Policy and Procedures.
- British Naturism acts in accordance with best practice advice, for example, NSPCC, Ann Craft Trust.
- British Naturism will cooperate with the Police and the relevant Local Authorities in taking action to safeguard an adult.
- All Board members, staff, officials and volunteers understand their role and responsibility for safeguarding adults and have completed and are up to date

with safeguarding adult training and learning opportunities appropriate for their role.

- British Naturism uses safe recruitment practices and continually assesses the suitability of volunteers and staff to prevent the deployment/employment of unsuitable individuals in this organisation and within the sporting community.
- British Naturism shares information about anyone found to be a risk to adults with the appropriate bodies. For example: Disclosure and Barring Service (DBS), Disclosure Scotland and Access NI, Health Services, Police, Local Authority/Social Services.
- When planning activities and events British Naturism includes an assessment of, and risk to, the safety of all adults from abuse and neglect and designates a person who will be in attendance as a safeguarding lead for that event.
- Actions taken under this policy are reviewed by the Executive Committee and senior management team on an annual basis.
- This policy, related policies (see below) and the Safeguarding Adults Procedures are reviewed on a three yearly basis and whenever there are changes in relevant legislation and/or government guidance as required by the Local Safeguarding Board or as a result of any other significant change or event.

Responsibilities

Directors

The Directors will determine the policy, taking into account legal requirements, and recommend it to the Executive Committee for approval; and arrange for it to be properly implemented and adequately resourced. The Directors will delegate lead responsibility for safeguarding to the General Secretary.

General Secretary

The role of 'Strategic Safeguarding Lead' is delegated to the General Secretary, who is responsible for the implementation of this policy. They also has overall responsibility for:

- Working with others within the organisation to create a positive inclusive environment.
- Play a lead role in developing and establishing the organisation's approach to safeguarding adults and in maintaining and reviewing the organisation's implementation plan for safeguarding adults in line with current legislation and best practice.
- Coordinate the dissemination of the safeguarding adult policy, procedures and resources throughout the organisation.
- Contribute to ensuring other policies and procedures are consistent with the organisation's commitment to safeguarding adults.
- Advise on the organisation's training needs and the development of its training strategy.
- Receive reports of and manage cases of poor practice and abuse reported to the organisation – including an appropriate recording system.

- Support the Directors to co-ordinate the case management process.
- Manage liaison with, and referrals to, external agencies for example adult social-care services and the police.
- Create a central point of contact for internal and external individuals and agencies concerned about the safety of adults within the organisation.
- Provide advice and support to regional safeguarding officers and play a lead role in their recruitment, selection and training.
- Represent the organisation at external meetings related to safeguarding.

Safeguarding Officers

Safeguarding Officers (or a similarly designated person) will be in attendance at each event or Club. They have primary responsibility for implementing procedures to safeguard adults at risk and for managing concerns about adults at risk, as set out in the example role description given in Appendix 1.

All Employees, Officers and Volunteers

All employees, officers and volunteers; along with contractors, business partners or others acting on behalf of British Naturism will:

- make themselves familiar with this Policy and understand their responsibilities for promoting well-being, preventing harm and responding effectively to safeguarding concerns;
- undertake safeguarding awareness training appropriate to their role.

Implementation

British Naturism is committed to developing and maintaining its capability to implement this policy and procedures.

In order to do so the following will be in place:

- A clear line of accountability within the organisation for the safety and welfare of all adults.
 - Access to relevant legal and professional advice.
 - Regular management reports to the Executive Committee detailing how risks to adult safeguarding are being addressed and how any reports have been addressed.
 - Safeguarding adult procedures that deal effectively with any concerns of abuse or neglect, including those caused through poor practice.
 - A Safeguarding Lead/ Welfare Officer (see Appendix 1).
 - A delegated Safeguarding Lead/Welfare Officer for events/trips/camps/competitions.
 - A process for forming a Case Management Group on a case by case basis within clear terms of reference
 - Arrangements to work effectively with other relevant organisations to safeguard and promote the welfare of adults, including arrangements for sharing information.
 - Codes of conduct for Executive Committee members, Staff, Officials, Volunteers and Members that specify zero tolerance of abuse in any form.
 - Risk assessments that specifically include safeguarding of adults.
 - Policies and procedures that address the following areas and which are consistent with this Safeguarding Adults policy.
- | | |
|--|---|
| ✓ Safeguarding Children | ✓ Concerns, Complaints and Compliments |
| ✓ Bullying and harassment | ✓ Whistleblowing |
| ✓ Social Media | ✓ Safe recruitment and selection (staff and volunteers) |
| ✓ Equality, diversity and inclusion | ✓ Contract compliance |
| ✓ Safe activities risk assessments | ✓ Information policy, data protection and information sharing |
| ✓ Code of Conducts and a process for breach of these - Staff, Officials, Volunteers, Participants/Members, | |
| ✓ Discipline and grievance | |

Responding to Suspicions or Allegations

You may be concerned about harm to another person because of something you have seen or heard, information you have been told by others or because someone has confided in you about things that are happening or have happened to them.

You should not keep safeguarding concerns to yourself. If you have concerns and/or you are told about possible or alleged abuse, poor practice or wider welfare

issues you must contact the Safeguarding Officer at the event or club you are attending or British Naturism's Strategic Safeguarding Lead [general.secretary@bn.org.uk] as soon as you can. If the Safeguarding Officer is implicated or you think has a conflict of interest, then report the matter to the General Secretary. Once the Safeguarding Lead has received a concern of abuse, s/he will make sure there is not a need to take immediate action to keep the person safe. The Safeguarding Lead will then report the matter to the statutory agencies as appropriate via the local Multi-Agency Safeguarding Hub (MASH).

If you are concerned about harm being caused to someone else, please follow the guidance below:

- It is not your responsibility to prove or decide whether an adult has been harmed or abused. It is however, everyone's responsibility to respond to and report concerns they have.
- If someone has a need for **immediate medical attention** call an ambulance on 999.
- If you are concerned someone is in **immediate danger** or a serious crime is being committed contact the police on 999 straight away. Where you suspect that a crime is being committed, you must involve the police.
- Remember to be person centred/make safeguarding personal. If it will not put them or you at further risk, discuss your safeguarding concerns with the adult and ask them what they would like to happen next. Inform them that you have to pass on your concerns to your Safeguarding Officer. Do not contact the adult before talking to your Safeguarding Officer if the person allegedly causing the harm is likely to find out.
- **Remember not to confront the person thought to be causing the harm.**

Responding to a Direct Disclosure

If an adult indicates that they are being harmed or abused, or information is received which gives rise to concern, the person receiving the information should:

- ✓ Take it seriously
- ✓ Stay calm
- ✓ Listen carefully to what is said, allowing the adult to continue at their own pace
- ✓ Be sensitive
- ✓ Keep questions to a minimum, only ask questions if you need to identify/clarify what the person is telling you
- ✓ Reassure the person that they have done the right thing in revealing the information
- ✓ Ask them what they would like to happen next
- ✓ Explain what you would like to do next
- ✓ Explain that you will have to share the information with Safeguarding Officer and/or Strategic Safeguarding Lead
- ✓ Ask for their consent for the information to be shared outside the organisation

- ✓ Make an arrangement as to how you/the Strategic Safeguarding Lead can contact them safely
- ✓ Help them to contact other organisations for advice and support (e.g. Police, Domestic Abuse helpline, Victim Support -see Appendix 3)
- ✓ Act swiftly to report and carry out any relevant actions
- ✓ Record in writing what was said using the adult's own words as soon as possible.

It is important not to:

- ✗ Dismiss or ignore the concern
- ✗ Panic or allow shock or distaste to show
- ✗ Make negative comments about the alleged perpetrator
- ✗ Make assumptions or speculate
- ✗ Come to your own conclusions
- ✗ Probe for more information than is offered
- ✗ Promise to keep the information secret
- ✗ Make promises that cannot be kept
- ✗ Conduct an investigation of the case
- ✗ Confront the person thought to be causing harm
- ✗ Take sole responsibility
- ✗ Tell everyone

Reporting Concerns About Yourself

If you are in immediate danger or need immediate medical assistance contact the emergency services 999.

Please contact the Safeguarding Lead [general.secretary@bn.org.uk]. If you would prefer, please contact another member of staff who will help you raise the issue to the Safeguarding Lead.

If the Safeguarding Lead is implicated or you think has a conflict of interest, then report the matter to the President.

You can also contact the Police, Social Services, your doctor or other organisations that can provide information and give help and support (see Appendix 3 Sources of Information and Support).

British Naturism will follow the procedure in this document. If you do not think your concerns are being addressed in the way that they should be please contact the the General Secretary or the President.

At all stages you are welcome to have someone who you trust support you and help you to explain what happened and what you want to happen.

It is of upmost importance to British Naturism that you can take part in our activities safely and we will take every step to support you to do that.

Section 2: Supporting Information

Key Points

- There is a **legal duty on Local Authorities** to provide support to 'adults at risk'.
- **Adults at risk** are defined in legislation and the criteria applied differs between each home nation.
- The safeguarding legislation applies to **all forms of abuse** that harm a person's well-being.
- The law provides a framework for good practice in safeguarding that makes the overall **well-being** of the adult at risk a priority of any intervention.
- The law in all four home nations emphasises the importance of **person-centred safeguarding**, (referred to as '**Making Safeguarding Personal**' in England).
- The law provides a framework for making decisions on behalf of adults who can't make decisions for themselves (**Mental Capacity**).
- The law provides a framework for sports organisations to **share concerns** they have about adults at risk with the local authority.
- The law provides a framework for all organisations to **share information and cooperate** to protect adults at risk.

Safeguarding Adults Legislation

Safeguarding Adults in all home nations is compliant with United Nations directives on the rights of disabled people and commitments to the rights of older people. It is covered by:

- The Human Rights Act 1998
- The Data Protection Act 2018
- United Kingdom General Data Protection Regulations (UK GDPR)

The practices and procedures within this policy are based on the relevant legislation and government guidance.

- England - The Care Act 2014
- Care and Support Statutory Guidance (especially chapter 14) 2014
- Wales - Social Services and Well Being Act 2014
- Wales Safeguarding Procedures 2019
- Scotland - Adult Support and Protection Act 2007
- Adult Support and Protection (Scotland) Act 2007 Code of Practice 2014
- Northern Ireland - Adult Safeguarding Prevention and Protection in Partnership 2015

Many other pieces of UK and home nation legislation also affect adult safeguarding. These include legislation about different forms of abuse and those that govern information sharing. For example, legislation dealing with:

- Murder/attempted murder
- Physical Assault
- Sexual Offences
- Domestic Abuse/Coercive control
- Forced Marriage
- Female Genital Mutilation
- Theft and Fraud
- Modern slavery and Human exploitation
- Hate crime
- Harassment
- Listing and Barring of those unsuitable to work with adults with care and support needs

Each home nation also has legislation about the circumstances in which decisions can be made on behalf of an adult who is unable to make decisions for themselves:

- England and Wales - Mental Capacity Act 2005
- Scotland - Adults with Incapacity Act 2000
- Mental Capacity (Northern Ireland) 2016
- There are specific offences applying to the mistreatment of and sexual offences against adults who do not have Mental Capacity and specific offences where mistreatment is carried out by a person who is employed as a carer: e.g. wilful neglect and wilful mistreatment.

Definition of an Adult at Risk

The Safeguarding Adults legislation creates specific responsibilities on Local Authorities, Health, and the Police to provide additional protection from abuse and neglect to Adults at Risk.

When a Local Authority has reason to believe there is an adult at risk, they have a responsibility to find out more about the situation and decide what actions need to be taken to support the adult. In Scotland and Wales, the Local Authority can gain access to an adult to find out if they are at risk of harm for example, if that access is being blocked by another person.

The actions that need to be taken might be by the Local Authority (usually social services) and/or by other agencies, for example the Police and Health. A sporting organisation may need to take action as part of safeguarding an adult, for example, to use the disciplinary procedures in relation to a member of staff, volunteer or member who has been reported to be harming a participant. The Local Authority role includes having multi-agency procedures which coordinate the actions taken by different organisations.

An Adult at risk is:

<p><i>England (Care Act 2014)</i></p>	<p><i>Northern Ireland (Adult Safeguarding Prevention and Protection in Partnership 2015)</i></p>
<p>An adult at risk is an individual aged 18 years and over who:</p> <ul style="list-style-type: none"> (a) has needs for care and support (whether or not the local authority is meeting any of those needs) AND; (b) is experiencing, or at risk of, abuse or neglect, AND; (c) as a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of abuse or neglect. 	<p>An adult at risk of harm is a person aged 18 or over, whose exposure to harm through abuse, exploitation or neglect <u>may</u> be increased by their a) personal characteristics and/or b) life circumstances.</p> <ul style="list-style-type: none"> a) Personal characteristics may include, but are not limited to age, disability, special educational needs, illness, mental or physical frailty or impairment of, or disturbance in, the functioning of the mind or brain. b) Life circumstances may include, but are not limited to, isolation, socio-economic factors and environmental living conditions.
<p><i>Scotland (Adult Support and Protection Act 2007)</i></p>	<p>An adult in need of protection is a person aged 18 or over, whose exposure to harm through abuse, exploitation or neglect <u>may</u> be increased by their:</p>
<p>An adult at risk is an individual aged 16 years and over who:</p> <ul style="list-style-type: none"> a) is unable to safeguard their own well-being, property, rights or other interests, b) is at risk of harm, and c) because they are affected by disability, mental disorder, illness or physical or mental infirmity, is more vulnerable to being harmed than adults who are not so affected. 	<p>Personal characteristics <i>AND/OR</i> Life circumstances <i>AND</i>;</p> <ul style="list-style-type: none"> c) who is unable to protect their own well-being, property, assets, rights or other interests; <i>AND</i> d) where the action or inaction of another person or persons is causing, or is likely to cause, him/her to be harmed. <p>In order to meet the definition of an 'adult in need of protection' either (a) or (b) must be present, in addition to both elements (c), and (d)</p>
<p>Wales (Social Services and Well Being Act 2014)</p>	
<p>An adult at risk is an individual aged 18 years and over who:</p> <ul style="list-style-type: none"> a) is experiencing or is at risk of abuse or neglect, AND; b) has needs for care and support (whether or not the authority is meeting any of those needs) AND; c) as a result of those needs is unable to protect himself or herself against the abuse or neglect or the risk of it. 	

Abuse and Neglect

Abuse is a violation of an individual's human and civil rights by another person or persons. It can occur in any relationship and may result in significant harm to, or exploitation of, the person subjected to it. Any or all of the following types of abuse may be perpetrated as the result of deliberate intent, negligence, omission or ignorance.

There are different types and patterns of abuse and neglect and different circumstances in which they may take place.

Safeguarding legislation in each home nation lists categories of abuse differently however, they all include the following types of abuse:

- Physical
- Sexual
- Psychological
- Neglect
- Financial

Abuse can take place in any relationship and there are many contexts in which abuse might take place; e.g. Institutional abuse, Domestic Abuse, Forced Marriage, Human Trafficking, Modern Slavery, Sexual Exploitation, County Lines, Radicalisation, Hate Crime, Mate Crime, Cyber bullying, Scams. Some of these are named specifically within home nation legislations.

Abuse can take place within a sporting context and the person causing harm might be any other person. For example: a member of staff, a volunteer, a participant or a fan.

Some examples of abuse include:

- Harassment of a Member of Staff, Volunteer or Member because of their (perceived) disability or other protected characteristics.
- Not meeting the needs of the Member of Staff, Volunteer or Member e.g. an activity without a necessary break.
- A Member of Staff, Volunteer or Member who sends unwanted sexually explicit text messages to another Member of Staff, Volunteer or Member with learning disabilities.
- A Member of Staff, Volunteer or Member threatens another Member of Staff, Volunteer or Member with physical harm and persistently blames them for poor performance.

Abuse or neglect could be carried out by:

- A spouse, partner or family member
- Neighbours or residents
- Friends, acquaintances or strangers
- People who deliberately exploit adults they perceive as vulnerable
- Paid staff, professionals or volunteers providing care and support

Often the perpetrator is known to the adult and may be in a position of trust and/or power.

Table 2

The Safeguarding Adults Legislation in each Home Country defines categories of adult abuse and harm as follows.

<i>England (Care Act 2014)</i>	<i>Northern Ireland (Adult Safeguarding Prevention and Protection in Partnership 2015)</i>
Physical Sexual Emotional/Psychological/Mental Neglect and acts of Omission Financial or material abuse Discriminatory Organisational / Institutional Self-neglect Domestic Abuse (including coercive control) Modern slavery	Physical Sexual violence Psychological / emotional Financial Institutional Neglect Exploitation Domestic violence Human trafficking Hate crime
<i>Scotland (Adult Support and Protection Act 2007)</i>	<i>Wales (Social Services and Well Being Act 2014)</i>
Physical Psychological Financial Sexual Neglect	Physical Sexual Psychological Neglect Financial

Signs and Indicators of Abuse and Neglect

An adult may confide to a member of staff, volunteer or another participant that they are experiencing abuse inside or outside of the organisation's setting. Similarly, others may suspect that this is the case.

There are many signs and indicators that may suggest someone is being abused or neglected. There may be other explanations, but they should not be ignored. The signs and symptoms include but are not limited to:

- Unexplained bruises or injuries – or lack of medical attention when an injury is present.
- Person has belongings or money going missing.
- Person is not attending / no longer enjoying their sessions. You may notice that a participant has been missing and is not responding to reminders from other members or volunteers.
- Someone losing or gaining weight / an unkempt appearance. This could be a member whose appearance becomes unkempt and there is a deterioration in hygiene.
- A change in the behaviour or confidence of a person. For example, a participant may be looking quiet and withdrawn when their brother comes to collect them from sessions in contrast to their personal assistant whom they greet with a smile.
- Self-harm.
- A fear of a particular group of people or individual.
- A parent/carer always speaks for the person and doesn't allow them to make their own choices
- They may tell you / another person they are being abused – i.e. a disclosure

Wellbeing Principle

The concept of 'well-being' is threaded throughout UK legislation and is part of the Law about how health and social care is provided. Our well-being includes our mental and physical health, our relationships, our connection with our communities and our contribution to society.

Being able to live free from abuse and neglect is a key element of well-being.

The legislation recognises that statutory agencies have sometimes acted disproportionately in the past. For example, removing an adult at risk from their own home when there were other ways of preventing harm. In the words of Justice Mumby 'What good is it making someone safe when we merely make them miserable?' *What Price Dignity?* (2010)

For that reason any actions taken to safeguard an adult must take their whole well-being into account and be proportionate to the risk of harm.

Person Centred Safeguarding/ Making Safeguarding Personal

The legislation also recognises that adults make choices that may mean that one part of our well-being suffers at the expense of another – for example we move away from friends and family to take a better job. Similarly, adults can choose to risk their personal safety; for example, to provide care to a partner with dementia who becomes abusive when they are disorientated and anxious.

None of us can make these choices for another adult. If we are supporting someone to make choices about their own safety we need to understand ‘What matters’ to them and what outcomes they want to achieve from any actions agencies take to help them to protect themselves.

The concept of ‘Person Centred Safeguarding’/‘Making Safeguarding Personal’ means engaging the person in a conversation about how best to respond to their situation in a way that enhances their involvement, choice and control, as well as improving their quality of life, well-being and safety. Organisations work to support adults to achieve the outcomes they want for themselves. The adult’s views, wishes, feelings and beliefs must be taken into account when decisions are made about how to support them to be safe. There may be many different ways to prevent further harm. Working with the person will mean that actions taken help them to find the solution that is right for them. Treating people with respect, enhancing their dignity and supporting their ability to make decisions also helps promote people's sense of self-worth and supports recovery from abuse.

If someone has difficulty making their views and wishes known, then they can be supported or represented by an advocate. This might be a safe family member or friend of their choice or a professional advocate (usually from a voluntary sector organisation).

Table 1 The Principles of Adult Safeguarding in each home nation

<p><i>Wales (Social Services and Well Being Act 2014)</i></p> <p>The Act’s principles are:</p> <ul style="list-style-type: none"> ● Responsibility - Safeguarding is everyone’s responsibility. ● Well-being - Any actions taken must safeguard the person’s well-being. ● Person-centred approach - Understand what outcomes the adult wishes to achieve and what matters to them. ● Voice and control - Expect people to know what is best for them and support them to be involved in decision making about their lives. ● Language - Make an active offer of use of the Welsh language and use professional interpreters where other languages are needed. ● Prevention - It is better to take action before harm occurs.
<p><i>Scotland (Adult Support and Protection Act 2007)</i></p> <p>The Act’s principles are:</p> <p>The overarching principle underlying Part 1 of the Act is that any intervention in an individual's affairs should provide benefit to the individual and should be the least restrictive option of those that are available which will meet the purpose of the intervention.</p> <p>This is supported by a set of guiding principles which, together with the overarching principle, must be taken account of when performing functions under Part 1 of the Act. These are:</p>

- The wishes and feelings of the adult at risk (past and present);
- The views of other significant individuals, such as the adult's nearest relative; their primary carer, guardian, or attorney; or any other person with an interest in the adult's well-being or property;
- The importance of the adult taking an active part in the performance of the function under the Act;
- Providing the adult with the relevant information and support to enable them to participate as fully as possible;
- The importance of ensuring that the adult is not treated less favourably than another adult in a comparable situation; and
- The adult's abilities, background and characteristics (including their age, sex, sexual orientation, gender, religious persuasion, racial origin, ethnic group and cultural and linguistic heritage).

Northern Ireland (Adult Safeguarding Prevention and Protection in Partnership 2015)

The Act's principles are:

- **A Rights-Based Approach** – To promote and respect an adult's right to be safe and secure; to freedom from harm and coercion; to equality of treatment; to the protection of the law; to privacy; to confidentiality; and freedom from discrimination.
- **An Empowering Approach** – To empower adults to make informed choices about their lives, to maximise their opportunities to participate in wider society, to keep themselves safe and free from harm and enabled to manage their own decisions in respect of exposure to risk.
- **A Person-Centred Approach** – To promote and facilitate full participation of adults in all decisions affecting their lives taking full account of their views, wishes and feelings and, where appropriate, the views of others who have an interest in their safety and well-being.
- **A Consent-Driven Approach** – To make a presumption that the adult has the ability to give or withhold consent; to make informed choices; to help inform choice through the provision of information, and the identification of options and alternatives; to have particular regard to the needs of individuals who require support with communication, advocacy or who lack the capacity to consent; and intervening in the life of an adult against his or her wishes only in particular circumstances, for very specific purposes and always in accordance with the law.
- **A Collaborative Approach** – To acknowledge that adult safeguarding will be most effective when it has the full support of the wider public and of safeguarding partners across the statutory, voluntary, community, independent and faith sectors working together and is delivered in a way where roles, responsibilities and lines of accountability are clearly defined and understood. Working in partnership and a person-centred approach will work hand-in-hand.

England (Care Act 2014)

The Act's principles are:

- **Empowerment** - People being supported and encouraged to make their own decisions and informed consent.
- **Prevention** – It is better to take action before harm occurs.
- **Proportionality** – The least intrusive response appropriate to the risk presented.
- **Protection** – Support and representation for those in greatest need.
- **Partnership** – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
- **Accountability** – Accountability and transparency in delivering safeguarding.

Mental Capacity and Decision Making

We make many decisions every day, often without realising. UK Law assumes that all people over the age of 16 have the ability to make their own decisions, unless it has been proved that they can't. It also gives us the right to make any decision that we need to make and gives us the right to make our own decisions even if others consider them to be unwise.

We make so many decisions that it is easy to take this ability for granted. The Law says that to make a decision we need to:

- Understand information
- Remember it for long enough
- Think about the information
- Communicate our decision

A person's ability to do this may be affected by things such as learning disability, dementia, mental health needs, acquired brain injury and physical ill health.

Most adults have the ability to make their own decisions given the right support however, some adults with care and support needs have the experience of other people making decisions about them and for them.

Some people can only make simple decisions like which colour T-shirt to wear or can only make decisions if a lot of time is spent supporting them to understand the options. If someone has a disability that means they need support to understand or make a decision this must be provided. A small number of people cannot make any decisions. Being unable to make a decision is called "lacking mental capacity".

Mental capacity refers to the ability to make a decision at the time that decision is needed. A person's mental capacity can change. If it is safe/possible to wait until they are able to be involved in decision making or to make the decision themselves.

For example:

- A person with epilepsy may not be able to make a decision following a seizure.
- Someone who is anxious may not be able to make a decision at that point.
- A person may not be able to respond as quickly if they have just taken some medication that causes fatigue.

Mental Capacity is important for safeguarding for several reasons.

Not being allowed to make decisions one is capable of making is abuse. For example, a disabled adult may want to take part in an activity but their parent who is their carer won't allow them to and will not provide the support they would need. Conversely the adult may not seem to be benefiting from an activity other people are insisting they do.

Another situation is where an adult is being abused and they are scared of the consequences of going against the views of the person abusing them. It is recognised in the law as coercion and a person can be seen not to have mental capacity because they cannot make 'free and informed decisions'.

Mental Capacity must also be considered when we believe abuse or neglect might be taking place. It is important to make sure an 'adult at risk' has choices in the actions taken to safeguard them, including whether or not they want other people informed about what has happened, however, in some situations the adult may not have the mental capacity to understand the choice or to tell you their views.

Each home nation has legislation that describes when and how we can make decisions for people who are unable to make decisions for themselves. The principles are the same.

- We can only make decisions for other people if they cannot do that for themselves at the time the decision is needed.
- If the decision can wait, wait – e.g. to get help to help the person make their decision or until they can make it themselves.
- If we have to make a decision for someone else then we must make the decision in their best interests (for their benefit) and take into account what we know about their preferences and wishes.
- If the action we are taking to keep people safe will restrict them then we must think of the way to do that which restricts to their freedom and rights as little as possible.

Many potential difficulties with making decisions can be overcome with preparation. A person needing support to help them make decisions whilst taking part in an organisation will ordinarily be accompanied by someone e.g. a family member or formal carer whose role includes supporting them to make decisions.

It is good practice to get as much information about the person as possible. Some people with care and support needs will have a 'One page profile' or a 'This is me' document that describes important things about them. Some of those things will be about how to support the person, their routines, food and drink choices etc. but will also include things they like and don't like doing. It's also important to have an agreement with the person who has enrolled the adult in the activity about how different types of decisions will be made on a day to day basis.

If a person who has a lot of difficulty making their own decisions is thought to be being abused or neglected you will need to refer the situation to the Local Authority, and this should result in health or social care professionals making an assessment of mental capacity and/or getting the person the support they need to make decisions.

There may be times when a sporting organisation needs to make decisions on behalf of an individual in an emergency. Decisions taken in order to safeguard an adult who cannot make the decision for themselves could include:

- Sharing information about safeguarding concerns with people that can help protect them.
- Stopping them being in contact with the person causing harm.

Recording and Information Sharing

All organisations must comply with the Data Protection Act (DPA) and the United Kingdom General Data Protection Regulations (UK GDPR).

Information about concerns of abuse includes personal data. It is therefore important to be clear as to the grounds for processing and sharing information about concerns of abuse.

Processing information includes record keeping. Records relating to safeguarding concerns must be accurate and relevant. They must be stored confidentially with access only to those with a need to know.

Sharing information, with the right people, is central to good practice in safeguarding adults. However, information sharing must only ever be with those with a 'need to know'.

This does **NOT** automatically include the persons spouse, partner, adult, child, unpaid or paid carer. Information should only be shared with family and friends and/or carers with the consent of the adult or if the adult does not have capacity to make that decision and family/ friends/ carers need to know in order to help keep the person safe.

The purpose of Data Protection legislation is not to prevent information sharing but to ensure personal information is only shared appropriately. Data protection legislation allows information sharing within an organisation. For example:

- Anyone who has a concern about harm can make a report to an appropriate person within the same organisation
- Case management meetings can take place to agree to co-ordinate actions by the organisation

There are also many situations in which it is perfectly legal to share information about adult safeguarding concerns outside the organisation. Importantly personal information can be shared with the consent of the adult concerned. However, the adult may not always want information to be shared. This may be because they fear repercussions from the person causing harm or are scared that they will lose control of their situation to statutory bodies or because they feel stupid or embarrassed. Their wishes should be respected unless there are over-riding reasons for sharing information.

The circumstances when we need to share information without the adult's consent include those where:

- it is not safe to contact the adult to gain their consent – i.e. it might put them or the person making contact at further risk.
- you believe they or someone else is at risk, including children.
- you believe the adult is being coerced or is under duress.
- it is necessary to contact the police to prevent a crime, or to report that a serious crime has been committed.
- the adult does not have mental capacity to consent to information being shared about them.

- the person causing harm has care and support needs.
- the concerns are about an adult at risk living in Wales or Northern Ireland (where there is a duty to report to the Local Authority).

When information is shared without the consent of the adult this must be explained to them, when it is safe to do so, and any further actions should still fully include them.

If you are in doubt as to whether to share information seek advice e.g. seek legal advice and/or contact the Local Authority and explain the situation without giving personal details about the person at risk or the person causing harm.

Any decision to share or not to share information with an external person or organisation must be recorded together with the reasons to share or not share information.

Multi-Agency Working

Safeguarding adults' legislation gives the lead role for adult safeguarding to the Local Authority. However, it is recognised that safeguarding can involve a wide range of organisations.

Organisations may need to cooperate with the Local Authority and the Police including to:

- Provide more information about the concern you have raised.
- Provide a safe venue for the adult to meet with other professionals e.g. Police/Social Workers/Advocates.
- Attend safeguarding meetings.
- Coordinate internal investigations (e.g. complaints, disciplinary) with investigations by the police or other agencies.
- Share information about the outcomes of internal investigations.
- Provide a safe environment for the adult to continue their sporting activity/ their role in the organisation.

Section 3: Appendices

Appendix 1 - Example Role Description: Safeguarding Officer

There should be a designated person at each event or Club who has primary responsibility for implementing procedures to safeguard adults at risk and for managing concerns about adults at risk. This example role description sets out these responsibilities and may be adapted to suit local circumstances (and/or combined with responsibilities for safeguarding children).

VOLUNTEER ROLE DESCRIPTION

Role: Safeguarding Officer

Name:

Location: At events held in [] Region/Club

Responsible to: General Secretary as BN's Strategic Safeguarding Lead

Responsible for: -

Working Relationships:

General Secretary, Senior Safeguarding Leads, other Safeguarding Officers, Events Manager, Regional Coordinators, Regional Events Officers and Event Organisers, Members (and potential Members) of British Naturism, Adult Safeguarding Leads and the Police.

Role Summary:

To be responsible for promoting and implementing arrangements for safeguarding the welfare of adults and making sure everyone can participate in the organisation's activities and events safely and free from harm.

Main Responsibilities:

- Working with others within the organisation to create a positive inclusive environment.
- Understanding the requirements and details of the organisation's Safeguarding Adults Policy and ensuring that these are implemented at British Naturism events and activities.
- Being aware of, and alert to, situations that may present safeguarding concerns for adults at risk and seeking to minimise any such risks.
- Receiving and recording information from volunteers, members, event participants and carers who have safeguarding concerns.
- Assessing the information promptly and carefully; and clarifying or obtaining more information about (but NOT investigating) the matter, as appropriate.
- Responding appropriately to any disclosure and taking any immediate action necessary to protect any vulnerable person from any identified risk of harm or abuse, as appropriate.

- Making appropriate referrals to the Local Authority Adult Safeguarding Lead or, in the event of the risk of harm, to the Health Services or the Police, as appropriate and without delay.
- Reporting all safeguarding concerns and information to the General Secretary, BN's Strategic Safeguarding Lead, as soon as practical.
- Ensuring that the communication of information and access to records is limited to persons who need to know and that records relating to safeguarding concerns are kept secure and confidential.
- Informing own practice and personal development through reading, networking, training and an understanding of key issues affecting the safeguarding of adults at risk.

Commitment Required:

This role typically requires three or more hours for each event, dependent upon their format and length/timing. Attendance at events will vary according to the availability of post holder and other team members. The role is for a term of two years following re/appointment and may be held concurrently with another role.

Skills, Knowledge and Experience Required:

- Membership of British Naturism, preferably for at least two years prior to appointment
- Knowledge of Safeguarding Adults good practice
- Observational, oversight and supervision skills
- Information recording skills, attention to detail and an ability to maintain confidentiality
- Critical thinking, problem-solving and decision-making skills
- Good interpersonal and verbal communication skills.

Additional Requirements

- Confirmation that you have never been entered on the Sex Offenders Register, been convicted of or under investigation for any sexual offence, or been subject to Notification Requirements, a SOPO (Sexual Offences Prevention Order) or SHPO (Sexual Harm Prevention Order).
- Have undertaken (or be willing to undertake) a Safeguarding Awareness Course within last three years and every three years thereafter.

Resource Requirements and Support:

- Access to a personal computer or other devices with Office software and internet access for administration, communications and virtual meetings.
- Willingness to travel using own vehicle or public transport to events throughout the region.
- Out of pocket expenses will be covered.
- Induction, training and support appropriate to the role will be provided.
- Requirement to wear name badge with orange BN lanyard to enable recognition as Safeguarding Officer.

Benefits to the Volunteer:

- Opportunity to be part of a team of volunteers committed to promoting and implementing arrangements for safeguarding the welfare of adults.
- A rewarding and enjoyable role that enables you to fully utilise your skills, knowledge and experience to make a significant contribution to the provision of naturist activities/events.
- Opportunities to meet other naturists and enjoy social nudity.

Recruitment Process:

New Volunteers: Application Form, Safeguarding Awareness Course Certificate, references, Criminal Records Check and interview.

Existing Volunteers: Safeguarding Awareness Course Certificate and Criminal Records Check (if not previously undertaken)

Appendix 2 - Case Management Group

The Case Management Group is comprised of individuals with identified and relevant skills, knowledge, experience and/or status within the organisation and include at least one member with safeguarding adult expertise. The group's role and decision-making powers are embedded within the organisation's governance structure and linked to related organisational functions such as codes of conduct, complaints and disciplinary policies and procedures.

The senior management team and British Naturism Board should receive regular reports from the Case Management Group summarising the cases that have been addressed and their outcomes, as well as any issues that require action by British Naturism e.g. changes to policy or procedures.

The Case Management Group can be brought together as the need arises and has the following responsibilities:

- to ratify any actions already taken by Safeguarding Lead Officer.
- to initially assess and agree immediate response to a safeguarding case (does there appear to be a case to answer?).
- to identify appropriate 'route' for case (e.g. internal/ disciplinary action alone or referral to statutory agencies plus internal/ disciplinary action).
- to decide the level (from local to national) at which the organisation will deal with the concern.
- to consider the need for temporary/ interim suspension order in accordance with the organisation's complaints and disciplinary policies.
- to review progress of case(s).
- to identify/ communicate learning from cases.

Appendix 3 – Sources of Information and Support

Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: enquiries@elderabuse.org.uk

www.elderabuse.org.uk

Ann Craft Trust (ACT)

A national organisation providing information and advice about adult safeguarding.

Tel: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

National 24-Hour Freephone Domestic Abuse Helplines

England Tel: 0808 2000 247 www.nationaldahelpline.org.uk/Contact-us	Northern Ireland Tel: 0808 802 1414 www.dsahelpline.org Twitter: www.twitter.com/dsahelpline Facebook: www.facebook.com/dsahelpline
Scotland Tel: 0800 027 1234 Email: helpline@sdafmh.org.uk Web chat: sdafmh.org.uk	Wales Llinell Gymorth Byw HebOfn/ Live free from fear helpline Tel: 0808 8010 800 Type Talk: 18001 0808 801 0800 Text: 078600 77 333

Rape Crisis Federation of England and Wales

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: info@rapecrisis.co.uk

www.rapecrisis.co.uk

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or

0808 808 0700 (Helpline)

Email: services@respond.org.uk

www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: www.stophateuk.org/talk-to-us/

E mail: talk@stophateuk.org

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: info@suzylamplugh.org

www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

www.victimsupport.com

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

www.womensaid.org.uk/information-support

British Naturism

Beckett House

14 Billing Road

Northampton

NN1 5AW

www.bn.org.uk

Email: general.secretary@bn.org.uk

Email: headoffice@bn.org.uk

Tel: 01604 620361

Mobile – TEXT ONLY – 07970 5375605

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